



SIGNATURE RITUALS - 110 Minutes

Enhance your spa experience with a Signature Ritual. Our Signature Rituals are a perfect combination of Asian ingredients and philosophies combined with Western techniques to provide a complete spa experience.

Lavender Dreams Ritual

- Turkish Body Scrub
- Aromatherapy Bath
- Lavender Massage & Wrap

Zen Ritual

- Green Tea Body Scrub
- Herbal Soaking Bath
- Full Body Massage

World Ritual

- Hand or Foot Reflexology
- Anti-stress Bath
- Full Body Massage

Balance Ritual

- Mud Body Mask
- Healing Bath
- Full Body Massage

SPA PACKAGES

We combined the most requested services into a simple package choice. Each package offers discounted pricing and a welcome gift.

Gentlemen's Retreat

- 50 minute Deep-Tissue Massage
- 50 minute Gentlemen's Facial

Mommy To Be

Choice of:

- 50 minute Mommy To Be Massage OR
- 50 minute Renew Rose Body Treatment
- Pedicure

Beautiful Bride

- 30 minute Chamomile Body Gloss
- 50 minute Designer Spa Facial
- Choice of Eye Treatment OR Brow Wax

Diplomat Day

- 50 minute Diplomat Massage
- 50 minute Spa Designer Facial

MASSAGE THERAPIES #MM10575

Hot Stone Massage - 80 minutes

Heated stones are used to glide across the body and penetrate deep into muscle tissue inducing relaxation without overheating or overstimulating the muscle. Medium pressure.

Diplomat Thai Massage - 50 minutes

This unique experience features a choreographed series of assisted stretches, combining acupressure and yoga positions to warm the muscles and encourage energy flow. Please wear loose-fitting, comfortable clothing.

Lymphatic Stimulation - 50 minutes

Enhanced circulation in the immune/lymphatic system relieves stress and facilitates detoxification while eliminating water retention by bringing the body to a state of rest and repair. Contradictions for pacemakers, transplants and heart disease.

Reiki - 50 minutes

A Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on the hands" and is based on the idea that an unseen "life force energy" flows through us. Reiki is actually a "spiritually guided life force energy."

Deep-Tissue Massage - 50 or 80 minutes

A deep-tissue massage uses slow, very firm pressure and stretching to manipulate specific muscle groups while soothing sore muscles and increasing range of motion.

Aromatherapy Massage - 50 or 80 minutes

This treatment combines pressure point massage techniques with the healing effects of pure essential oils of your choice and provides a healthy balance of mind, body and spirit. Light/Relaxing Pressure.

Reflexology - 25 or 50 minutes

This therapeutic technique helps re-establish energy flow and enhance circulation through compression used on specific points in the hands or feet. Not recommended for pregnant women, those suffering from high blood pressure or those on medication for blood thinning.

Mommy To Be Massage - 50 minutes

A special massage geared toward alleviating leg, hip, and lower back pain due to bodily adjustments of pregnancy. Not recommended during the first trimester or for those experiencing a high-risk pregnancy.

Diplomat Massage - 50 or 80 minutes

A full-body massage based on traditional Swedish techniques. Our therapists utilize a combination of massage modalities to reduce tension and increase circulation to promote total relaxation. Light/Medium Pressure.

Refresher Massage

25 minutes

Duet Massage - 50 or 80 minutes

Side by side therapeutic massages are performed in the comfort of our private "Best Friends' Suite." Prices vary based on massage choice. Choose from Diplomat Massage, Aromatherapy and Deep Tissue.

In-Room Massage

50 or 80 minutes

HYDROTHERAPIES

The European hydrotherapy tub, with its 150 jets in conjunction with potent aromatic solutions made from rich botanicals, is very therapeutic. A tub lovers delight! Guests are requested to wear a swimsuit.

Aromatherapy Bath - 20 minutes

Sports / Therapeutic Bath - 20 minutes

BODY EXFOLIATIONS

Chamomile Body Gloss - 30 minutes

Green Tea Body Polish - 30 minutes

Citrus Rain - 50 minutes (Includes a Vichy Shower)

Sugar Cane Body Sheen - 50 minutes

(Includes a Vichy Shower)

BODY ENVELOPMENTS

Moor Mud - 50 minutes

An exfoliating mud intended to calm and sooth the body. Healing for aching muscles and joints, plus draws impurities from the body.

Spirulina Mask - 50 minutes

Nourishing algae that is rich in vitamins and minerals designed to detoxify and hydrate the skin. Contradictions for allergies of shell fish and iodine.

RENEW YOUR BODY

Ocean Rose Indulgence - 80 minutes

Lie in an essence of roses and indulge in this nourishing and deeply moisturizing treatment. Rich oils and crèmes of Damask Rose are smoothed into freshly exfoliated skin leaving it glowing, silky and revitalized. A relaxing scalp and 25 minute full body massage completes this unique pampering experience.

Renew Rose Mother-To-Be - 50 minutes

After a gentle exfoliation, your skin is smoothed over with rich, nourishing crèmes from top to toe. A relaxing scalp massage eases away the day's stress while you lie in a comfortable cocoon.

Body Rose New Mother - 50 minutes

Nurturing essential oils restore your skin condition and refine stretch marks after the stress of pregnancy. An Ayurvedic scalp massage supports circulation and promotes healthy hair growth.

SKIN CARE THERAPIES

Signature Caviar Facial - 90 minutes

The ultimate treatment for the face, hands, feet and décolleté. Protein-rich Caviar and powerful antioxidants hydrate, smooth and firm the skin. Combined with our aculift massage, this facial visibly renews the skin and smoothes fine lines instantly.

Ultra Firming Facial - 80 minutes

Intensive anti-aging treatment hydrates, rejuvenates, tightens and reconfigures the skin's surface to reduce visible signs of aging.

Hydrating Facial - 50 minutes

A four-action treatment formulated to exfoliate, deeply hydrate, restore, lift and firm the skin for instant radiance and enhanced skin tone.

Acne Facial - 80 min

A revolutionary oxygenating acne treatment designed to clear skin congestion, detoxify and revitalize fatigued, stressed and dull skin. It will leave skin luminous, healthy and younger looking.

Gentlemen's Facial - 50 minutes

This unique gentlemen's facial was created for a man's special skincare needs. This treatment is designed to leave the skin smooth and well-conditioned. Please shave at least two hours before your facial.

Designer Spa Facial - 50 or 80 minutes

Our experienced skincare technician will evaluate your skin and utilize optimal products for your specific skin care needs. Includes a thorough cleansing, exfoliation and relaxing massage.

Microdermabrasion - 50 minutes

This treatment stimulates and restores circulation and provides a more even skin tone. Leave with silky, glowing skin. A series of four treatments is recommended for optimal results.

Series of Four

Add on peel - 25 min

Gel Peel - 25 minutes

Your skin will be exfoliated and hydrated using either a Glycolic or Salicylic gel. Separate gels are available for the treatment of fine lines, enlarged pores, acne-prone and sun-damaged skin. A series of four is recommended for optimal results.

Series of Four

Add on to Designer Facial

Collagen Mask addition to facials

Mini Facial - 25 minutes

Renewing Back Treatment - 50 minutes

This treatment is perfect for achieving smooth, gleaming skin on the hardest to reach area. A deep cleansing is followed by an exfoliation treatment and gentle extractions if necessary. Finally, an application of intensive moisturizer is massaged into the back and shoulders.

*A 20% service charge will be added to a la carte services. Gratuities for exceptional service are at your discretion.

FINISHING TOUCHES

Eye Treatment

add on to any facial
Ideal for any weary traveler, this unique eye treatment is designed to de-puff, de-bag and de-stress the delicate eye area. Eye treatment alone is a 25-minute service.

Eyelash Tinting - 25 minutes

Enhances your wink with a quick coating of brown, black or jet-black ink. Not for those with eye infections or irritations and allergies to hair dyes. Please remove your contact lenses before lash services.

Waxing - Pricing may vary based on additional treatment time needed. May not be suitable for those with sensitive skin or those taking certain medications.

Lip

Underarm

Half Leg

Back

Brow

1/2 Arm

Full Arm

Full Leg

Face

Bikini

Chin

MAKE-UP APPLICATION

Each Make-Up Artist has perfected the art of make-up and has a thorough background in all aspects of make-up application.

The Spa at the Diplomat utilizes Jane Iredale cosmetics, the highest quality of mineral make-up.

Make-up Application - 25 minutes

Bridal / Photography Makeup - 50 minutes

Pre-Trial Bridal Makeup - 50 minutes

In depth consultation will familiarize the make-up artist with bride's preferences and a \$25 credit applied towards bridal make-up.

Make-up Lesson - 50 minutes

Learn the ideal look for your lifestyle, as well as time-saving application techniques.

AURA SALON

Ladies Hair Services

Shampoo

Shampoo & Style

Haircut & Style

Haircut

Formal Pinned Up Do

Hair Relaxer

Single Process Color

Semi-Perm Color

Bleach Touch Up / Toner

Color Change

Foil Highlights

Partial Highlights

Salon service price includes a 20% service charge

Men's Hair Services

Hair Cut

Light Trim

Beard Tinting

Mustache / Beard Trim

Conditioning & Scalp Treatment

One Step Conditioning

Reconstructive Treatment

Aromatherapy Treatment

Rene Furterer Treatment

Diplomat Signature Treatment

*All hair prices are subject to change upon stylist request. This is based on the times, length and thickness of hair. Please speak to your stylist about this.

Nail Services

Manicure

French Manicure

Manicure Polish Change

French Manicure Polish Change

Dip Manicure

Spa Manicure is performed followed by a "dip" in warm paraffin wax. After the paraffin is removed, hands and forearms are massaged and nails are buffed or a polish is applied.

Signature Manicure

Orange Peel Manicure

A hand and arm exfoliation with Signature Orange Peel. Buff is added to Spa Manicure.

Acrylics Full Set

Acrylic Fills

Glue Manicure

Nail Repair

Paraffin Treatment For Hands

Paraffin Treatment For Feet

Add French To Hands

Add French To Toes

Pedicure

French Pedicure

Pedicure Polish Change

French Pedicure Polish Change

Dip Pedicure

Spa Pedicure is performed followed by a "dip" in warm paraffin wax. After the paraffin is removed, feet and calves are massaged and nails are buffed or a polish is applied.

Signature Pedicure

Orange Peel Pedicure

A foot and calf exfoliation with Signature Orange Peel Buff is added to Spa Pedicure.

Children 3 - 12

Manicure

Pedicure

Polish Change

Pedicure Polish Change

Health & Fitness Services

Personal Training Services

30 minutes

60 minutes

Personal Training Series

One-on-One Pilates Instruction

One-on-One Yoga Instruction

*Additional aerobic and fitness classes available, please reference monthly aerobic schedule. Pilates Mat, Yoga and Spin classes do incur a class fee. Please check in at Spa front desk.

General Information & Spa Guidelines

Spa Reservations: Reservations will be guaranteed against your credit card. If you need to cancel or reschedule your appointment, please give minimum 8-hour notice to avoid account charges.

Spa Arrive: Please arrive 15 minutes prior to your appointment so you can slip into your robe and slippers, unwind and relax before you begin your spa treatments. If you are running a few minutes late, please let us know by calling 954-883-4900

Cancellation / Cancellation Policy: An 8 hour notice to change and / or cancel your appointment(s) is required. Cancellations or no-shows within 8 hours will unfortunately result in a full charge of your service(s). As a courtesy to our staff, failure to arrive for any appointment(s) will result in a charge for therapist's time.

Health Conditions/Contraindication: For your well-being and safety, please advise when making a reservation for any services of any health conditions, allergies or injuries which might affect your experience at our spa.

Cell Phones: Our spa offers each guest the chance to relax in a tranquil setting. We appreciate you turning off your cellular phone and pager.

Age Requirements: We love children; however, we are unable to accommodate them during your visit. All guests must be 16 years or older.

Personal Articles: We regret that we cannot be responsible for loss or damage to personal articles of clothing or accessories.

Smoking: Smoking is not permitted in our healthy environment

Price Changes: The Spa reserves the right to change pricing at any time and without prior notice.

Credit Card: All major credit cards are accepted.

Facility: Private men and women's locker rooms with lounge area, showers, steam, sauna and jacuzzi. Before and after your treatment, robes and slippers are provided in the men's and women's lounges

First Time Spa Clients: If this is your first spa experience, our friendly staff will ease apprehension by escorting you throughout the spa.

Golf & Spa Location
501 Diplomat Parkway, Hallandale Beach, FL 33009
954-883-4900 | www.diplomatresort.com

the westin diplomat
resort & spa



The Spa AT
THE DIPLOMAT

