



SIGNATURE RITUALS - 110 Minutes \$265

Enhance your spa experience with a Signature Ritual. Our Signature Rituals are a perfect combination of Asian ingredients and philosophies combined with Western techniques to provide a complete spa experience.

Lavander Dreams Ritual

- Turkish Body Scrub
- Aromatherapy Bath
- Lavender Massage & Wrap

Zen Ritual

- Green Tea Body Scrub
- Herbal Soaking Bath
- Full Body Massage

World Ritual

- Hand & Foot Reflexology
- Anti-stress Bath
- Full Body Massage

Balance Ritual

- Mud Body Mask
- Healing Bath
- Full Body Massage

SPA PACKAGES

We combined the most requested services into a simple package choice. Each package offers discounted pricing and a welcome gift.

Gentlemen's Retreat \$280

- 50 minute Deep Tissue Massage
- 50 minute Gentlemen's Facial

Mommy To Be \$185

Choice of:

- 50 minute Mommy To Be Massage OR
- 50 minute Renew Rose Body Treatment
- Pedicure

Beautiful Bride \$225

- 30 minute Chamomile Body Gloss
- 50 minute Spa Designer Facial
- Choice of Eye Treatment OR Brow Wax

Diplomat Day \$250

- 50 minute Diplomat Massage
- 50 minute Spa Designer Facial

MASSAGE THERAPIES #MM10575 Hot Stone Massage - 80 minutes \$185

Heated stones are used to glide across the body and penetrate deep into muscle tissue inducing relaxation without overheating or overstimulating the muscle. Light pressure.

Diplomat Thai Massage - 50 minutes \$145

This unique experience features a choreographed series of assisted stretches, combining acupressure and yoga positions to warm the muscles and encourage energy flow. Please wear loose-fitting, comfortable clothing.

Lymphatic Stimulation - 50 minutes \$145

Enhanced circulation in the immune/lymphatic system relieves stress and facilitates detoxification while eliminating water retention by bringing the body to a state of rest and repair. Contradictions for pacemakers, transplants and heart disease.

Reiki - 50 minutes \$145

A Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on the hands" and is based on the idea that an unseen "life force energy" flows through us. Reiki is actually a "spiritually guided life force energy"

Deep Tissue Massage - 50 or 80 minutes \$135 / \$180

A deep-tissue massage uses slow, very firm pressure and stretching to manipulate specific muscle groups while soothing sore muscles and increasing range of motion.

Aromatherapy Massage - 50 or 80 minutes \$125 / \$165

This treatment combines pressure point massage techniques with the healing effects of pure essential oils of your choice. This massage provides a healthy balance of mind, body, and spirit. Light/Relaxing Pressure.

Reflexology - 25 or 50 minutes \$65 / \$115

This therapeutic technique helps reestablish energy flow and enhance circulation through compression used on specific points in the hands and feet. Not recommended for pregnant women, those suffering from high blood pressure or those on medication for blood thinning.

Mommy To Be Massage - 50 minutes \$115

A special massage geared toward alleviating leg, hip, and lower back pain due to bodily adjustments of pregnancy. Not recommended during the first trimester or for those experiencing a high-risk pregnancy.

Diplomat Massage - 50 or 80 minutes \$115 / \$160

A full-body massage based on traditional Swedish techniques. Our therapists utilize a combination of massage modalities to reduce tension and increase circulation to promote total relaxation. Light/Medium Pressure.

Refresher Massage 25 minutes \$65

Duet Massage - 50 or 80 minutes starting at \$230/ \$320

Side by side therapeutic massages are performed in the comfort of our private "Best Friends' Suite". Prices vary based on massage choice. Choose from Diplomat Massage, Aromatherapy, and Deep Tissue.

Diplomat Golf Resort In-Room Massage 50 or 80 minutes \$175 / \$230

Westin Diplomat In-Room Massage 50 or 80 minutes \$200 / \$250

HYDROTHERAPIES

The European hydrotherapy tub, with its 150 jets, in conjunction with potent aromatic solutions made from rich botanicals is very therapeutic. A tub lovers delight! Guests are requested to wear a swimsuit.

Aromatherapy Bath - 20 minutes \$45

Sports / Therapeutic Bath - 20 minutes \$45

BODY EXFOLIATIONS

Chamomile Body Gloss - 30 minutes \$72

Green Tea Body Polish - 30 minutes \$72

Citrus Rain - 50 minutes (Includes a Vichy Shower) \$115

Sugar Cane Body Sheen - 50 minutes (Includes a Vichy Shower) \$115

BODY ENVELOPMENTS

Moor Mud - 50 minutes \$120

An exfoliating mud intended to calm and sooth the body. Healing for aching muscles and joints, plus draws impurities from the body.

Spirulina Mask - 50 minutes \$120

Nourishing algae that is rich in vitamins and minerals designed to detoxify and hydrate the skin. Contradictions for allergies of shell fish and iodine.

RENEW YOUR BODY

Ocean Rose Indulgence - 80 minutes \$175

Lie in an essence of roses and indulge in this nourishing and deeply moisturizing treatment. Rich oils and crèmes of Damask Rose are smoothed into freshly exfoliated skin leaving it glowing, silky and revitalized. A relaxing scalp and 25 minute full body massage completes this unique pampering experience.

Renew Rose Mother-To-Be - 50 minutes \$115

After a gentle exfoliation, your skin is smoothed over with rich, nourishing crèmes from top to toe. A relaxing scalp massage eases away the day's stresses while you lie in a comfortable cocoon.

Body Rose New Mother - 50 minutes \$115

Nurturing essential oils restore your skin condition and refine stretch marks after the stresses of pregnancy. An Ayurvedic scalp massage supports circulation and promotes healthy hair growth.

SKIN CARE THERAPIES

Signature Caviar Facial - 90 minutes \$210

The ultimate treatment for the face, hands, feet and décolleté. Protein-rich Caviar and powerful antioxidants hydrate, smooth, and firm the skin. Combined with our aculift massage, this facial visibly renews the skin and smoothes fine lines instantly.

Ultra Firming Facial - 80 minutes \$165

Intensive anti-aging treatment hydrates, rejuvenates, tightens and reconfigures the skin's surface to reduce visible signs of aging.

Hydrating Facial - 50 minutes \$125

A four-action treatment formulated to exfoliate, deeply hydrate, restore, lift and firm the skin for instant radiance and enhanced skin tone.

Acne Facial - 80 min \$165

A revolutionary oxygenating acne treatment designed to clear skin congestion, detoxify, and revitalize fatigued, stressed and dull skin. It will leave skin luminous, healthy and younger looking.

Gentlemen's Facial - 50 minutes \$115

This unique gentlemen's facial was created for a man's special skincare needs. This treatment is designed to leave the skin smooth and well conditioned. Please shave at least two hours before your facial.

Designer Spa Facial - 50 / 80 minutes \$115 / \$165

Our experienced skincare technician will evaluate your skin and utilize optimal products for your specific ski ncare needs. Includes a thorough cleansing, exfoliation and relaxing massage.

Microdermabrasion - 50 minutes \$140

This treatment stimulates and restores circulation and provides a more even skin tone. Leave with silky, glowing skin. A series of four treatments is recommended for optimal results.

Series of Four \$500

Add on peel - 25 min \$45

Gel Peel - 25 minutes \$75

Your skin will be exfoliated and hydrated using either a Glycolic or Salicylic gel. Separate gels are available for the treatment of fine lines, enlarged pores, acne prone and sun damaged skin. A series of 4 is recommended for optimal results.

Series of Four \$270

Add on to Designer Facial \$45

Collagen Mask addition to facials \$45

Mini Facial - 25 minutes \$65

Renewing Back Treatment - 50 minutes \$115

This treatment is perfect for achieving smooth, gleaming skin on the hardest to reach area. A deep cleansing is followed by an exfoliation treatment, gentle extractions if necessary and finally an application of intensive moisturizer is massaged into the back and shoulders.

*A 20% service charge will be added to a la carte services. Gratuities for exceptional service are at your discretion.

FINISHING TOUCHES

Eye Treatment add on to any facial \$25
Ideal for any weary traveler, this unique eye treatment is designed to de-puff, de-bag and de-stress the delicate eye area. Eye treatment alone is a 25-minute service for \$45.00.

Eyelash Tinting - 25 minutes \$30
Enhances your wink with a quick coating of brown, black or jet-black ink. Not for those with eye infections or irritations and allergies to hair dyes. Please remove your contact lenses before lash services.

Waxing - Pricing may vary based on additional treatment time needed. May not be suitable for those with sensitive skin or those taking certain medications.

Lip	\$15
Underarm	\$25
Half Leg	\$50
Back	\$50
Brow	\$15
1/2 Arm	\$25
Full Arm	\$50
Full Leg	\$75
Face	\$60
Bikini	\$45
Chin	\$15

MAKE-UP APPLICATION

Each Makeup Artist has perfected the art of makeup and has a thorough background in all aspects of makeup application. The Spa at the Diplomat utilizes Jane Iredale cosmetics. The highest quality of mineral make-up.

Makeup Application - 25 minutes	\$50
Bridal / Photography Makeup - 50 minutes	\$100

Pre-Trial Bridal Makeup - 60 minutes	\$125
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In depth consultation will familiarize the make-up artist with bride's preferences. With \$25 credit toward bridal make up.

Makeup Lesson - 60 minutes	\$115
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Learn the ideal look for your lifestyle as well as time saving application techniques.

AURA SALON

Ladies Hair Services

Shampoo Only	\$18
Shampoo & Style From	\$46
Haircut & Style From	\$96
Haircut Only From	\$54
Formal Pinned Up Do From	\$66
Hair Relaxer	\$108
Single Process Color	\$78
Semi-Perm Color	\$78
Bleach Touch Up / Toner	\$114
Color Change From	\$120

Foil Highlights From	\$144
Partial Highlights From	\$108

Salon service price includes a 20% service charge

Men's Hair Services

Hair Cut	\$54
Light Trim	\$42
Beard Tinting	\$42
Mustache / Beard Trim	\$18

Conditioning & Scalp Treatment

One Step Conditioning	\$24
Reconstructive Treatment	\$30
Aromatherapy Treatment	\$48
Rene Furterer Treatment	\$72
Diplomat Signature Treatment	\$90

*All hair prices are subject to change upon stylist request. This is based on the times, length and thickness of hair. Please speak to your stylist about this.

Nail Services

Manicure	\$36
French Manicure	\$43
Manicure Polish Change	\$22
French Manicure Polish Change	\$29
Dip Manicure	\$66

Our Spa Manicure is performed followed by a "dip" in warm paraffin wax. After the paraffin is removed, hands and forearms are massaged and then nails are buffed or a polish is applied.

Signature Manicure	\$96
Orange Peel Manicure	\$42

A hand and arm exfoliation with our Signature Orange Peel Buff is added to our Spa Manicure

Acrylics Full Set	\$114
Acrylic Fills	\$60
Glue Manicure	\$60
Nail Repair	\$10
Paraffin Treatment For Hands	\$12
Paraffin Treatment For Feet	\$18
Add French To Hands	\$7
Add French To Toes	\$10
Pedicure	\$60
French Pedicure	\$70
Pedicure Polish Change	\$25
French Pedicure Polish Change	\$35
Dip Pedicure	\$102

Our Spa Pedicure is performed followed by a "dip" in warm paraffin wax. After the paraffin is removed, feet and calves are massaged and then nails are buffed or a polish is applied.

Signature Pedicure	\$114
Orange Peel Pedicure	\$72

A foot and calf exfoliation with our Signature Orange Peel Buff is added to our Spa Pedicure.

Children 3 - 12	
Manicure	\$15
Pedicure	\$20
Polish Change	\$10
Pedicure Polish Change	\$12

Health & Fitness Services

Personal Training Services

30 minutes	\$40
60 minutes	\$60

Personal Training Series call for pricing

One-on-One Pilates Instruction	\$100
One-on-One Yoga Instruction	\$100

*Additional aerobic and fitness classes available, please reference monthly aerobic schedule. Pilates Mat, Yoga and Spin classes do incur a class fee. Please check in at Spa front desk.

General Information & Spa Guidelines

Spa Reservations: Reservations will be guaranteed against your credit card. If you need to cancel or reschedule your appointment, please give minimum 8-hour notice to avoid account charges.

Spa Arrive: Please arrive 15 minutes prior to your appointment so you can slip into your robe and slippers, unwind and relax before you begin your spa treatments. If you are running a few minutes late, please let us know by calling 954-883-4900

Cancellation / Cancellation Policy: An 8 hour notice to change and / or cancel your appointment(s) is required. Cancellations or no-shows within 8 hours will unfortunately result in a full charge of your service(s). As a courtesy to our staff, failure to arrive for any appointment(s) will result in a charge for therapist's time.

Health Conditions/Contraindication: For your well-being and safety, please advise when making a reservation for any services of any health conditions, allergies or injuries which might affect your experience at our spa.

Cell Phones: Our spa offers each guest the chance to relax in a tranquil setting. We appreciate you turning off your cellular phone and pager.
Age Requirements: We love children; however, we are unable to accommodate them during your visit. All guests must be 16 years or older.

Personal Articles: We regret that we cannot be responsible for loss or damage to personal articles of clothing or accessories.

No Smoking: No Smoking is permitted in our healthy environment
Price Changes: Your copy of our published prices may not be our most current pricing; we reserve the right to change our prices at any time and without prior notice

Credit Card: All major credit cards are accepted.
Facility: Private men and women's locker rooms with lounge area, showers, steam, sauna and jacuzzi. Before and after your treatment, robes and slippers are provided in the men's and women's lounges

First Time Spa Clients: If this is your first spa experience, our friendly staff will ease apprehension by escorting you throughout the spa.

At The Golf & Spa Location
501 Diplomat Parkway, Hallandale Beach, FL 33009
954-883-4900 | www.diplomatresort.com

the westin diplomat
resort & spa



The Spa AT
THE DIPLOMAT

